

PROCEEDINGS OF THE AD HOC
MENTAL HEALTH TREATMENT COMMITTEE

Pursuant to Section 19.84, Wis. Stats., notice is hereby given to the public that an Ad Hoc Committee of the County Board of Supervisors met regarding mental health treatment on Wednesday, October 18, 2017 in Conference Room A, Sophie Beaumont Building, 111 N. Jefferson Street, Green Bay, Wisconsin.

Present: Chair Zima, Vice Chair Hoyer, Green Bay Police Officer Kamra Allen, JOSHUA Representative Cheryl Weber, Assistant Corporation Counsel Rebecca Lindner, Sheriff John Gossage, Hospital and Nursing Home Administrator Luke Schubert, Supervisor Brusky, Behavioral Health Manager Ian Agar, Citizen Representative Pat La Violette, Green Bay Police Captain Todd Le Pine, Director of Administration Chad Weininger, other interested parties.

Excused: Security Lieutenant Scott Brisbane, Judge Zuidmulder, Health and Human Services Director Erik Pritzl.

I. Call meeting to order.

The meeting was called to order by Chair Zima at 12:00 pm.

II. Approve/modify agenda.

Motion made by Erik Hoyer, seconded by Rebecca Lindner to approve. Vote taken. **MOTION CARRIED UNANIMOUSLY**

III. Approve/Modify Minutes of October 3, 2017.

Motion made by Erik Hoyer, seconded by Rebecca Lindner to approve. Vote taken. **MOTION CARRIED UNANIMOUSLY**

1. Communication from Chair Zima and Judge Zuidmulder re: Have staff provide a breakdown and explanation of the expenditures made from the \$1.15 million dollars allocated for mental health services during the County budget process for 2016 and 2017.

Behavioral Health Manager Ian Agar provided an update on the 2017 initiatives as follows:

-Medication Assisted Treatment: With regard to medication assisted treatment, Agar has been in contact with the manufacturer of Vivitrol. An meeting is planned for next week with the pharmacy company and then they hope to utilize some of the funding to purchase Vivatrol, a monthly shot that avoids a high when using alcohol or opiates. Human Services is also looking to a private provider in the community who is providing Vivitrol to the Department of Corrections through the jail. They are looking into a contract with the doctor for the provision of services at a clinic on N. Packerland Drive. A contract would allow for purchasing the service rather than utilization of currently over-stretched resources.

-Advertising on Buses and Billboards: Agar informed he has been in contact with Green Bay Metro for rates and options. He is also collecting information on rates for billboard space and once all the figures are collected further decisions on outreach can be made. One of the things that is important is the way the message is crafted. Agar said we need to let the community know there is help available for people who need it and let them know the places they can go to get help, but we need to be very careful to say that Brown County is not the only provider that can provide help and assistance because this could result in being inundated with demands for service. Agar continued that they have also looked at 211 being an option for linkage to services. He noted 211 already has ads on each of the 13 bus routes in Green Bay and they also may have a wrap on one of the buses promoting 211 services. There will be a meeting with Connections for Mental Wellness which is a group that will have a countywide website launched in May, 2018 that will provide information to any member of the community as to what services are available, where there is capacity and where they can get an appointment. It is going to be important to manage the message and decide what message we want to give between now and May of next year. One option would be to do the outreach on buses and billboards now and then switch to the Trilogy platform when it becomes available in 2018 or continue to do a combination of both.

Zima questioned if 211 is effective for someone who is in crisis. Agar responded there are other resources and systems in place such as the Crisis Center or the County's clinical intake social worker for someone who is in imminent crisis. He said someone can dial 211 and that would give them linkage to the data base that would then connect them with the services they need. Zima felt that sounded too complicated for someone who is in crisis. People in trouble do not need a phone tree or something like that. He feels they need to talk to a live person who can direct them to the services they need. He saw an ad on TV recently that was really beckoning people who need help to call a number with a live person. Weininger asked if 211 operates 24 hours a day and it was indicated that it did. Zima feels we need to reach the people who are in trouble that want to change their lives; not necessarily just the people who want to get to detox but have been in a revolving door situation for a long time.

Agar said another option would be to make information such as brochures with contact information made available in hospital emergency rooms. Citizen Representative Pat La Violette asked if someone who dials 211 gets a live person at Brown County. It was indicated that United Way handles 211. Sheriff Gossage added that the Crisis Center and Family Services also have numbers for people in crisis. Agar said Crisis does have a number, but we have to be careful in that we do not want to flood the Crisis line with informational requests. The volume of general questions and inquiries could have some urgency to them, but still fall short of a crisis situation. Zima was envisioning a way to reach people who know they are in trouble and something to beckon them to call for help other than a phone tree. He did not think someone who is sick and in crisis would find a phone tree effective.

La Violette asked Zima what he felt the best case scenario would be for someone who dials 211. Zima asked if someone in crisis would dial 211 or if they would dial 911. Bree Decker of Connections for Mental Wellness explained that someone who needs immediate help could call the Crisis Center at their regular number of 436-8888. 211 is staffed during the day, but can also be accessed online at any time. The Trilogy system which was mentioned earlier will be specific to mental health and AODA issues and people will be able to look at the website at any time. All providers will be educated on how to utilize the site so if they are unable to assist someone, they will know where to direct them to get their needs met. Zima asked what help is given to people who call the number and said if someone is rationally dialing a number, they are not in ultra-crisis, but are still in trouble. Agar said he is meeting with Connections for Mental Wellness and a number of representatives from other agencies and he is hoping to brainstorm and get some suggestions on this. La Violette suggested sending crisis and treatment information in with tax bills and Brusky asked about providing two numbers in advertising, such as 911 and 211. It was indicated that the simpler it could be the better it would be and it was noted that it will take time to educate people in the various organizations of the appropriate procedures and how to utilize the system efficiently.

Zima said however we approach outreach, it has to be effective and something that people are comfortable with and will allow people to talk to someone who will listen to their problem and know the system and then help them get the help they need. Agar said this is a work in progress and he will keep this group updated.

-Adjustment for Utilization: Agar said this is an offset of expenditures in other areas.

-Additional Detox (LE Phillips): Agar informed a request has been made for the contract manager to initiate a contract with LE Phillips for the rare occurrences where Brown County has someone who is detoxing from a substance other than alcohol. LE Phillips is based in Chippewa Falls, but they are the only provider to provide the array of services we are looking for. Zima asked if what LE Phillips does is something that can be duplicated here. Agar responded that it would likely take a significant addition to existing resources and noted that LE Phillips is the only facility of its kind in Wisconsin that provides the array of detox services they offer.

-Transportation Assistance: A determination needs to be made as to where to place the \$4,000 allocated for this. One thought was to work with the Tavern League of Brown County to allocate funds for the Safe Ride program. Part of the concern is that individuals who may be intoxicated may not be incapacitated, but still need the ability to get home or to a safe place. This allocation of money may help avoid people in an intoxicated state butting up against the Crisis Center or emergency rooms when there is no real need to be there. Another option would be to offer cab rides or bus rides. Weininger noted many taverns already provide safe rides and Agar agreed but said the funds for the programs that already exist, like most services, have a limited number of dollars. Sheriff Gossage said the current Safe Ride program is only available at establishments that are members of the Tavern League.

-Housing Assistance for Treatment Courts: Agar informed there is a \$20,000 budget adjustment in process to move the money to the treatment courts this year to have rent payments or deposits made for people in treatment courts to retain and maintain appropriate housing for the rest of this year. The allocation in 2018 is \$65,000.

-Website Redesign: This will be a larger process involving Erik Pritzl and others and will probably be a minimum request for interest and then maybe a request for bids because the allocation of monies is \$25,000 and a closer look needs to be given to the current website. Agar has looked over the current website and made copies of each page. His thinking is if we really want people's attention to be drawn to alcohol and drug services and counseling when they go to the Human Services website, the message regarding that should be front and center.

Hoyer noted at the Administration Committee budget meeting a conversation occurred regarding the website and one of the issues is that because we have a host, the cost per change is quite large and Hoyer asked if what Agar is talking about would be part of that or if Human Services has their own website, similar to what the Museum has. Agar said money allocated for this redesign for Human Services is for a small piece of the County website. To do anything on a larger scale would require significantly more funds. Weininger added that they are looking at going through a LEAN type process and then working with the departments to fine tune things. He noted that since no one has tackled the overall website, some departments are doing their own things and there is a concerted effort over the next year to fix this. Weininger said the goal is to do a large comprehensive project, and the Human Services redesign would be a piece of that, but it will be a substantial project with substantial cost. This has been contracted out in the past so every time a change is made, there is a charge. They would like to RFP this out to take the site from the 1970s to the current time and make it a little more interactive and better, but a different platform will be necessary to do that.

-Design for Crisis Assessment Center: Agar recalled discussions at the last meeting that staff from Human Services could go visit and investigate other models in other communities to gather information and look at what could be replicated in Brown County. There have not been any visits to other sites yet, but they continue to work on this.

-Higher Utilization of Inpatient Services: Agar said this is a buffer for the budget because there has been a large utilization of people needing and using the psychiatric center and because utilization is higher than anticipated this will offset some of those costs.

At this time Agar commented on the 2018 options as follows:

-Mobile Crisis: The allocation for 2018 will be the same as 2017 and the contract is already in place and will continue.

-Day Report Center: The purpose of the day report center is to divert a number of individuals from the jail who are in low bond/low risk situations and this has worked out quite well. The intention is to continue on with the program with the contract that is already in place.

-Residential Treatment: The allocation of funds for residential treatment in 2018 is being reduced from \$300,000 to \$150,000 because the number of people seeking alcohol and drug residential treatment has not been as high as anticipated. Agar noted when the original allocation for residential treatment was requested, the amount was a best guess.

-Detoxification Services: The 2018 allocation is \$500,000 and the intent is to look for a medically managed model and the model they have looked at replicating is Tellurian which is a medically managed CBRF in Dane County. This would be a one stop shop for alcohol and drug needs. A front end assessment would be done and when a determination is made that someone needs admission, they work with the County the next business day to look for appropriate placement. This system works well, but there may be a licensing challenge because there are only two facilities like this in the State and the County will have to work with the Department of Health Services to see if they will permit licensing in Brown County. It would be a secure facility and DHS does not grant licenses for secure facilities very easily.

-Jail Re-entry Services: The intention is to utilize someone who is qualified as a licensed mental health professional to serve individuals who are discharged from the jail and link them with services to help ensure they do not fall through the cracks upon release. The position would help secure things such as food stamps and Medicaid and

would also assist with employment services, disability support services, etc. A large part of the role would be linkage and referral to services and resources. Weber felt it would be best to have this position filled by someone who specializes in the alcohol, drug and mental health field. Agar said they try to find people with dual licenses when possible.

Sheriff Gossage asked if this position would work with the current jail liaison. Agar responded that this would probably be somewhat of a handoff position because the current liaison works with people prior to discharge. The expectation is that this position would work closely with the current liaison and Weber added that this would be a good place to have a peer specialist or recovery coach.

-Treatment Facilitation Specialist: Agar talked about the treatment facilitation specialist and said this position is intended for those people who go to Nicolet Psychiatric Center on commitment. He noted that most people are already followed by someone in the case management role, but there are some who go to the hospital and then are discharged because they stabilize and are no longer the subject of a legal agreement which requires formal placement. There are individuals who do not end up in the mental health commitment system but could still benefit from follow-up on discharge from the hospital. For example if there is a patient at Nicolet who becomes stabilized, they might be fragile but not considered a threat to themselves or others and are determined to not be in need of commitment and they go home with all sorts of appointments and this position would be able to follow-up with the person to be sure they are keeping their appointments and do some hand holding to get people into the appropriate programs. Hospital and Nursing Home Administrator Luke Schubert said CMS has started to report data based on claims showing the number of people who follow up and Brown County's numbers are pretty low compared to state and national averages.

Hoyer indicated these initiatives have been approved by the Human Services Committee. Zima noted this will create a structural deficit for 2019 and Hoyer responded that we will have a better idea of how successful and how costly these initiatives are and whether the proposed changes actually work, and then the structural deficit can be worked into the budget.

Zima noted he received some e-mails about a recent case where a lot of law enforcement hours were spent on someone who ended up in Winnebago and asked for an explanation. Green Bay Police Captain Todd Le Pine said every once in a while they run into an individual that does not respond to care which results in use of a tremendous amount of resources and he explained the long and complicated situation Zima was talking about. Le Pine said from January 1, 2017 to the end of September 2017, almost 2000 hours of officer time have been spent on emergency commitments. This does not include the people that they bring to Crisis that just need help or checking the welfare of someone or overdoses. Le Pine said the Green Bay Police Department is very invested in this system and really want to see improvements. He agrees with making the system more preventative to keep people from getting to the crisis stage, but for the situations that do go to the crisis state, the process needs to be made better so these people are getting help quicker. Le Pine said he would like to see one area where law enforcement could bring people to have their immediate needs such as medical assessment, psychiatric assessment and safety met and then be handled from there whether it be sent home with a safety plan, going to Willow Creek or the psychiatric center or whatever else may be appropriate. This would allow law enforcement to be tied up for only about an hour, versus the current procedure which takes an officer out of service for a minimum of four hours. Gossage added that what Le Pine is explaining was given as an option when the CTC was built. The County Executive at the time was advised that there should be something in the vestibule area that is not in the building proper for assessments with Crisis. At that point Family Services was not willing to go out to that location, but this has now changed and Family Services does a great job with their mobile crisis unit. He feels the time is right to try to get the one stop shop and have some medical professional on staff that can do the medical clearance. This would be a lot safer for the patient and would also save a lot of law enforcement time. Zima said it seems unanimous that we want this and now it is a matter of implementing it and he asked if this is something we could do next year. Agar said this is in the plans for 2018 or 2019. Le Pine said he does not think this has to all fall on the County. He feels there could be partnering with everyone involved because everyone is losing money on the current process. Zima asked Weininger why this is not a priority and he responded that this is the first time he has heard about the one stop shop model and if there are objections to the current CIP, changes can be made at the budget meeting.

Gossage mentioned we discussed licensing being an issue for something like this. Schubert agreed and said there is the question of medical clearance and how much capacity would be available on campus without all the technology that a medical hospital has. Zima said most of the time it is known that it is not a medical thing; it is more of a

mental issue and the medical clearance is only a formality. Weininger asked what the timeline would be to figure out what exactly they want. Schubert said they have narrowed this down to two models; the Tellurian model talked about earlier or a psychiatric ER model, similar to what Milwaukee County manages. Weininger asked about the timeline for this and Schubert said he thought design was slated for 2018 and implementation in 2019. Zima said we decided a one stop shop was a priority and he feels it is one really positive thing that could happen that could really make some changes and he wants to get going on it.

Green Bay Police Officer Kamra Allen asked for an explanation of how Tellurian works. Agar said it is licensed as a CBRF. Lindner added that the intake area is a locked which is very unique and is the only one in Wisconsin and she does not know that the State would be willing to license another facility like this. She said when someone gets out of the locked facility, they go to another level in the facility and the person continues to move through the facility according to their needs. Officer Allen asked if Tellurian would be coming in and running the facility or if it is something the County would run. Schubert responded that the process would be to go through an RFP or a sole source vendor. He is aware of some DHS grant funds available and he thinks Tellurian is the only facility with that license type to apply for the grant opportunity and he thinks that may shorten the time for a sole source agreement if there is no other qualified like-licensed facilities. A conference call will be held on this soon and after that the list of eligible vendors will be narrowed down for either RFP or a sole source situation. Zima asked if the control of something like this is important enough to stand alone. Schubert does not think the control would be enough to stand alone; Tellurian has been doing this since 1970 and understands the model, programs, systems and assessments and has the operational package which has been very successful and he feels the route to go is with an outside vendor. Zima reiterated that this is a priority for the police department and all other parties involved. Schubert said there would be a significant amount of money available that DHS is going to fund for the grants.

Dunlop noted that half the population of Brown County is in Green Bay and asked the police department about the time they spend on these types of cases. Officer Le Pine responded that there is nothing else that the police department does that takes up as much time as emergency medical commitments. Currently they have had more commitment cases in 2017 than they have had OWIs or domestic violence situations. They have spent over 2000 hours already in 2017 on these cases. Sheriff Gossage added that they not only take care of the transportation issues for County residents, but they also take care of it for out of county people. Schubert added that Brown County is responsible by residency laws for the first 72 hours of care for non- County residents as well.

Motion made by Erik Hoyer, seconded by Rebecca Lindner to instruct staff to submit grant applications in November and move forward with implementation in 2018 if possible. Vote taken. MOTION CARRIED UNANIMOUSLY

Zima thanked the Committee for their dedication and invited them all to attend the County Board budget meeting on November 1. He said the more the County Board knows about the activities of this group, the better. La Violette thanked Zima for his leadership in this area. Zima said he just really wants to see this get done and he would like to see things moving a little faster.

Dunlop said he would like to see the Police Department and Sheriff's Department work the numbers of the community impact of their time spent on these issues and this component of the system to see the big picture.

2. **Update re: Long range mental health needs in Brown County including what could be funded by County Executive Streckenbach's proposed half-percent sales tax.**

This Item was not discussed at this meeting.

3. **Formally identify Committee members.**

This Item was not discussed at this meeting.

4. **Discussion, review and possible action: Request that Brown County review its past and present mental health services and develop a more comprehensive plan to treat both short and long term mental health patients including but not limited to 1) alcohol and drug abuse detox and treatment; and 2) children, adolescent and adult mental health treatment.**

This Item was not discussed at this meeting.

5. **Discussion, review and possible action: Request that the Human Services Director and Brown County Sheriff work together to develop a plan to provide a treatment plan for prisoners who presently make up a third of our jail population.**

This Item was not discussed at this meeting.

6. **Discussion re: Recertifying County operations to return to previous services providing long-term care.**

This Item was not discussed at this meeting.

7. **Update re: Outreach efforts.**

Conversation on this Item was incorporated in the discussion above.

8. **Such other matters as authorized by law.**

The next meeting date was discussed and November 15, 2017 at noon was selected.

9. **Adjourn.**

Motion made by Erik Hoyer, seconded by John Gossage to adjourn at 1:15 pm. Vote taken. MOTION CARRIED UNANIMOUSLY

Respectfully submitted,

Therese Giannunzio
Recording Secretary